

LAURA EKSTRAND

SAG-AFTRA / AEA

DDO Artists, Gina Manfredi, 212-379-6314

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5'7"/145 lbs.

gray+red hair/green eyes

FILM

AMERICAN ZOMBIELAND	<i>Mrs. Guest</i>	dir. George Bennett
SHELLY'S POSSESSED	<i>Donna</i>	dir. Max Rissman
SPLIT ENDS	<i>Samantha</i>	dir. Dorothy Lyman
HIGH ART	<i>Waitress</i>	dir. Lisa Cholodenko
I SHOT ANDY WARHOL	<i>Marilyn</i>	dir. Mary Harron
CHILDHOOD'S END	<i>Meg</i>	dir. Jeff Lipsky
THE COWBOY WAY	<i>Cellist</i>	dir. Gregg Champion

TELEVISION

RAY DONOVAN	<i>Psychiatric Nurse</i>	Showtime
GUIDING LIGHT	<i>Maggie Ruthledge</i>	CBS-TV
HACK	<i>Renee</i>	CBS-TV
SEX AND THE CITY	<i>Barbara's Secretary</i>	HBO
LAW & ORDER	<i>Reporter</i>	NBC-TV
GUIDING LIGHT	<i>Nurse</i>	CBS-TV
LATE NIGHT WITH CONAN O'BRIEN	<i>Conan's Fiancee</i>	NBC-TV

NEW YORK THEATRE

LOSING MY RELIGION <i>(Best Autobiographical Show 2023)</i>	<i>dir. Jason Szamreta</i>	United Solo Festival
JESSICA ON THE CEILING	<i>dir. Eleanor Holdridge</i>	New Georges
THE MYTH PROJECT	<i>dir. Adrienne Weiss</i>	Naked Angels
PICK A WAR, ANY WAR	<i>dir. Shirley Kaplan</i>	Ensemble Studio Theatre
THE WAIT	<i>dir. Nick Mangano</i>	Samuel Beckett Theatre
THE LAST TEMPTATION OF ADRIAN LEVERKUEHN COMEDY	<i>dir. Renee Philippi</i> <i>dir. Nick Mangano</i>	NADA 45th Street Theatre

REGIONAL (representative roles)

101 HUMILIATING STORIES	<i>Lisa</i>	Vivid Stage
WHIPPOORWILL	<i>Francine</i>	Centenary Stage
WATER IN MY HANDS	<i>Maria</i>	Vivid Stage
EVERYTHING IS SUPER GREAT	<i>Catherine</i>	Dreamcatcher Rep
BE HERE NOW	<i>Bari</i>	Dreamcatcher Rep
THE LUCKY ONES	<i>Janie</i>	Dreamcatcher Rep
SOCIAL SECURITY	<i>Barbara</i>	Bickford Theatre
BROKEN IN PARTS	<i>Actor</i>	Luna Stage
LIFT EVERY VOICE	<i>Nina Goolsby</i>	Pushcart Players

PODCAST/WEBSERIES

LOCAL with Laura Ekstrand <i>(Top 10 Local Podcasts 2019: Podcast Business Journal)</i>	<i>Host</i>	Vivid Stage
THE BIG FIB	<i>Guest (multiple episodes)</i>	GenZ Media
TOGETHER APART <i>(Best Actress Nominee, NYC Webfest 2021)</i>	<i>Mrs. Garrett</i>	Vivid Stage

EDUCATION

YALE UNIVERSITY, B.A. IN THEATRE STUDIES

SARAH LAWRENCE COLLEGE, M.F.A. IN THEATRE

OTHER STUFF ABOUT ME (*Directing and Playwriting Resumes on Request*)

Founder and Artistic Director of VIVID STAGE of Summit, NJ • Member, The Flip Side (Improv Comedy)

Member, Dramatists Guild • Singer and director • Dialects, speak some French and Spanish

Jazz, Modern and Tap • Stage combat • Former casting associate • Certified Yoga Instructor • Mom